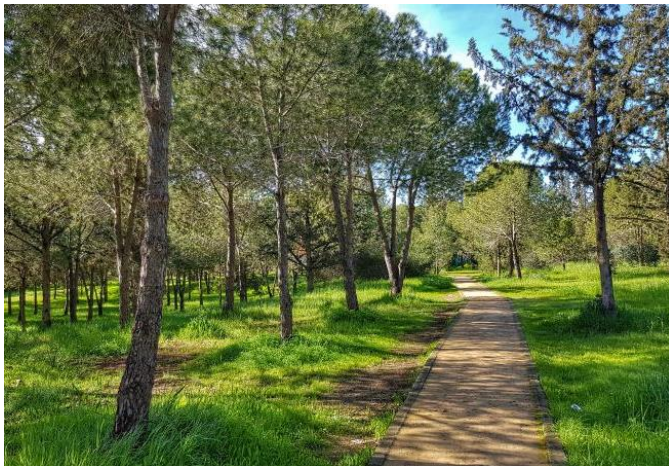
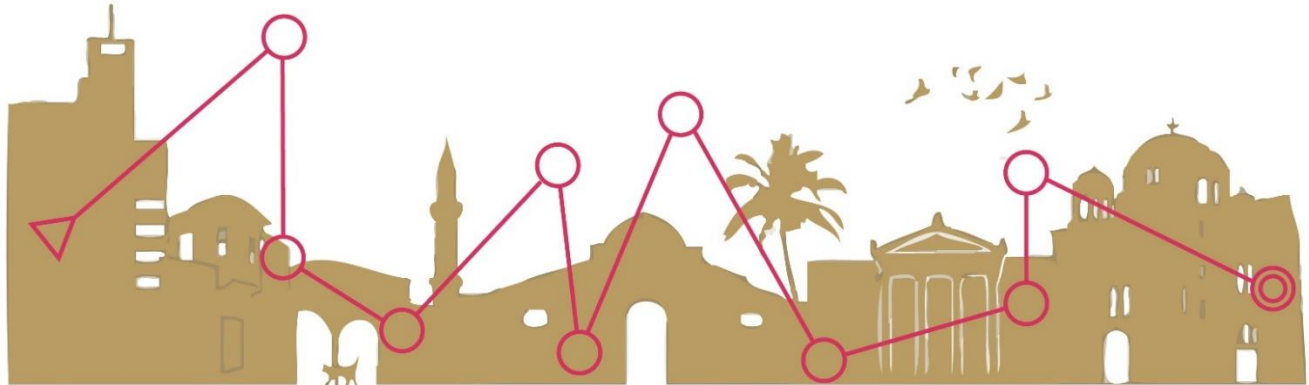




Nicosia City Race 2021

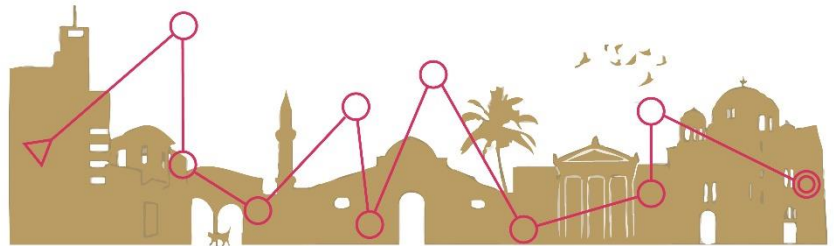


Nicosia City Race 20th – 21st NOVEMBER 2021 NICOSIA, CYPRUS

ONE MIDDLE DISTANCE PARK EVENT
& LONG SPRINT DISTANCE URBAN EVENT.
ORIENTEERING AT ITS BEST.
THINK FAST, RUN HARD!



NICOSIA CITY RACE 2021



NICOSIA CITY RACE 2021

Saturday 20th & Sunday 21st NOVEMBER 2021

NICOSIA, CYPRUS

Organiser:

Cyprus Mountaineering, Sports Climbing & Orienteering Federation
 Orientaction Club (KOA Registration #4320)
 17 Ayios Neofytou Street,
 Lakatamia, 2334 Nicosia,
 Cyprus.



Event Organisers:

Event Coordinator & Secretary: Ms Diana Bridger
 Event Advisor: Ms Diana Bridger



Event Programme:

Friday 19 th November 2021	
TBC Until 20:00	Event Centre (Location TBC) open for check in & collect number bibs
Saturday 20th November 2021	
10:30	Athalassa Forest Park – Middle Distance Orienteering Event
Sunday 21st November 2021	
10:30	Nicosia City Race Tour Event – Nicosia old city within the walls
14:00	Prize giving and farewells 🍷

CLASSES:**Ranking Competitive Classes:**

Class	Age (until December 2021)
Youth	Ages 16 years or under
Junior	Ages 17 to 20 years inclusive
Men/Women Elite City Race	Ages 21 to 39 years inclusive
Veteran	Ages 40 to 54 years inclusive
Supervet	Ages 55 to 64 years inclusive
Ultravet	Ages 65 to 74 years inclusive
Hypervet	Ages 75 years and over

Non-Competitive Fun Classes:

Class	Age (until December 2021)
Children	Ages 12 years and under. Parents or adults may accompany children.
Open Short	Any ages, including groups up to four people.
Open Long	Any ages, including groups up to four people.
Touristic (only for Nicosia City event on 22 Nov)	Controls sited at points of interest in the old town.

ENTRY FEES:**Competitive Classes:**

€15.00 per competitor for both stages (two events) in Competitive Classes

Or

€7.00 per competitor for single event Athalassa in Competitive Classes

€10.00 per competitor for single event Nicosia City Race in Competitive Classes.

Non-Competitive Fun Classes:

€8.00 per competitor for both stages (two events) in Non-Competitive Classes

Or

€4.00 per competitor for single event Athalassa in Non-Competitive Classes

€6.00 per competitor for single event Nicosia City Race in Non-Competitive Classes.

Children UNDER 12 years will be half price.

Sorry, no group discounts.

EQUIPMENT:

Runners are to provide their own compass.

Full leg coverage is highly recommended for Athalassa Forest Park event.

SPORTident electronic timing will be used. Own SPORTident cards may be used. Rent of SPORTident card is €2.00 for both days or €1.00 per single day. Please note that loss of rented SPORTident card will be charged at €40 each. SPORTident Air (SIAC) is not currently available.

PRIZES:

Prizes and certificates will be awarded to the overall winner, second and third placed male and female in each category of the competitive classes only.

No winners prizes will be awarded in the Non-Competitive classes.

DEADLINES:

All entries should be paid BEFORE 10/11/2021, preferably by bank transfer (see details below).

Any entries after that date will be subject to a €2.00 surcharge per entry per event.

All accommodation bookings are on a first come first served basis, so we strongly suggest you book and pay early to avoid disappointment.

The final date for entries is 15 November 2021.

No entries will be accepted after that date, unless accompanied by payment of DOUBLE the entry fee.

MAPS:**Athalassa:**

The 1:10,000 Athalassa Forest Park map will be used.

Partly open and partly forested land, set over several steep ridges around a dam with a varied network of roads, tracks and paths. Fast running and very good visibility in most areas.

**Nicosia City:**

The 1:5,000 Nicosia Map will be used.

Mostly flat, urban area with a maze of narrow, twisting streets. Fast running with good visibility.

Although some areas are pedestrianized, most will have normal Sunday traffic to residential housing and commercial outlets. Thus, runners are cautioned to take care.

**ACCOMMODATION:**

There is plenty of accommodation in Nicosia with a variety of price range. The event organisers have gone out of their way to make sure the best possible hotel rates are available to all participants, so do contact us for some special offers, which will be on a first come, first served basis.

AIRPORT TRANSFERS:

Airport transfers to your hotel/accommodation can also be arranged. Please send us your flight number and date of arrival and number of persons. Cost of airport transfers will be confirmed depending on numbers.

VISAS:

The Republic of Cyprus is part of the EU. All EU citizens and those from Switzerland, and Norway, do not require a visa, just your national ID or passport valid for at least another six months after March 2022.

For a full list of other nationalities who do not require a visa, please see this list:

<https://mfa.gov.cy/no-visa-requirement.html>

List of countries requiring a visa:

<https://mfa.gov.cy/requiring-visa-to-enter.html>

Visa application details can be found here:

<https://mfa.gov.cy/application-process-and-requirements.html>

IMPORTANT NOTE:

Please note that only official International Airports of the Republic of Cyprus at Larnaca and Paphos may be used.

<https://mfa.gov.cy/important-information-concerning-travel-to-occupied-area.html>

FLIGHT PASS TO ENTER CYPRUS:

Current COVID containment regulations stipulate that ALL inbound passengers to Cyprus are required to fill out and present a 'Cyprus Flight Pass'. This needs to be done 48 hours before departure. Instructions can be found here:

<https://cyprusflightpass.gov.cy/en/application-process>

IMPORTANT NOTICE:

All participants in both the Nicosia City Race 2021 events take part at their own risk and responsibility. Whilst a full risk assessment will be conducted and will be made available, the organisers cannot and will not be held responsible for any accidents or damages that may occur during the event.

FIRST AID & NEAREST HOSPITAL:

A First Aider will be on duty at all events.

A first aid kit and drinking water will be available at the registration, start and/or finish areas of each event.

The nearest Accident & Emergency is Nicosia General Hospital, (Tel: +357 22603000) on the South East side of Nicosia, close to Athalassa Forest Park,.

https://www.moh.gov.cy/moh/ngh/ngh.nsf/index_en/index_en?OpenDocument

INFORMATION ABOUT CYPRUS:

For information about Cyprus, please visit the following official websites:

www.visitcyprus.com

www.visitnicosia.com.cy

WEATHER: Please note that the weather in November can often be varied and changeable. Please bring appropriate clothing, including jackets. www.cyprus-weather.org

ORGANISER CONTACT DETAILS:

www.cyprusorienteeing.com

nicosiacityrace@gmail.com

Facebook:

<https://www.facebook.com/NicosiaCityRace2021>

Event Coordinator and contact for Entries:

Ms Diana BRIDGER

Email: nicosiacityrace@gmail.com

Mobile: +357 99413479

PAYMENTS:

All Payments for entries, accommodation and transfers should be made by direct back transfer to Orientation Club as follows:

BANK OF CYPRUS

Name on Account: SYLLOGOS ORIVASIAS KAI AGWN PROSANATOLISMOU ORIENTACTION

IBAN: CY36 0020 0195 0000 3570 1137 3319

Bank Account No.: 3570 1137 3319

Swift Code: BCYPCY2N

Address of Bank: Corner of Kennedy Ave & Esperidon Street,

P.O. Box 21472

1599 Nicosia

ENTRIES:

Click on the link and fill in the form:

https://docs.google.com/forms/d/e/1FAIpQLSdMALbZrQ29dfiL9e_Jd5PjfXnrmP3FmdjtqPbW_d9lOMYQ/viewform

THE EVENT IS SPONSORED AND SUPPORTED BY:



SEE YOU IN CYPRUS!!